



JR. HIGH DISTRICT NORWALK HIGH SCHOOL

350 Shady Lane Norwalk, OH

Tournament Date: Sunday February 14, 2016

Tournament Director: [Dan Helton](mailto:heltond@norwalktruckers.net) (heltond@norwalktruckers.net)

Special Note:

Early entry is advised. Capacity may be met. All registration conducted online at register.ohioathletics.com

Registration Closes:

10:00pm February 12, 2016 or when capacity is met

T-shirts with wrestler's names on them are available for purchase online or at the tournament. ***You must register by Tuesday the week of the tournament for your wrestler's name to be included.***

Weigh-In

Weigh In will be conducted in Singlets only. No weight allowance for clothing. Only one Weigh In required. Bring copy of Birth Certificate. It will be returned.

Early- Saturday February 13, 2016 Time: 5:00pm-6:30pm (All Weight Classes)

Sunday February 14, 2016 Time: 7:00am-8:00am (All Weight Classes)

Sunday February 14, 2016 Time: Noon – 1:00pm (Weight Classes 126 -249)

Wrestling Start Time: 10:00am (Weights 74 – 120)

Wrestling Start Time: 2:00pm** (Weights 126 -249) approximate start time

Admission: \$5 admission for ALL spectators. (5 and under free)

Coaching Bands: \$5 Good for this District Only (Only 2 coaches with band at mat side)

Match Rules:

National Federation Rules with modifications. District Brackets: 5 wrestlers or less will be round robin. 6 or more wrestlers will be placed in appropriate brackets of 8-man, 16-man or 32-man. State Brackets: 32-man.

-Championship matches: Three (3) periods of 1 ½ minutes; Consolation matches (3) periods of 1 minute

-Choice of position at end of period. Headgear Mandatory, shoestrings do not require tape.

Weight Classes

74, 78, 84, 90, 96, 102, 108, 114, 120, 126, 132, 138, 146, 154, 164, 176, 209, 249